

IMPORTANT - Please read this document carefully before signing

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
2. I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake always to conduct myself in a responsible and professional manner.
3. I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
5. I acknowledge that the Amateur Swimming Federation of Great Britain, the Scottish Swimming Association, or any body affiliated thereto, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
6. I hereby agree to abide by and be governed by the rules of the Scottish Swimming Association and all other laws and regulations applicable including the SASA Safety Laws.

I have read and understand the above provisions and agree to abide by them.

Signature of Competitor: _____ Date: _____

2005 GREAT BRITAIN MASTERS CHAMPIONSHIPS
 (UNDER FINA RULES & ASFGB DISCIPLINARY CODE)

3rd – 5th June –2005 Tollcross Park Leisure Centre Glasgow

TEAM ENTRY FORM

NAME OF CLUB

[INFULL]:.....

NAME & ADDRESS OF PERSON TO WHOM CONFIRMATION ETC. SHOULD BE SENT

.....

TELEPHONE NO:.....EMAIL:.....

- a) Clubs are limited to one team per event.
- b) A competitor may only represent one club in the Championships.
- c) Total age of team as at 31st December 2005.
- d) Entries will be seeded or ranked by age group.

The names of competitors must be submitted to the recorders (using the official "Team Declaration Form/s") **at least 30 minutes prior to the start of the relevant session.**

Entry Fee £16.00 per team per event. Cheques made payable to:"ASFGB Ltd"

MIXED RELAYS (2 Men/2 Women)							
76 years +	100-119 years	120-159 years	160-199 years	200-239 years	240-279 years	280-319 years	320-359 years
4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE	4 x 50m FREESTYLE
4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY	4 x 50m MEDLEY

	MEN		WOMEN	
	4 x 50m FREESTYLE	4 x 50m MEDLEY	4 x 50m FREESTYLE	4 x 50m MEDLEY
76 years +				
100-119 years				
120-159 years				
160-199 years				
200-239 years				
240-279 years				
280-319 years				
320-359 years				

CLOSING DATE: FRIDAY 6th May 2005

TO ENTER, PLEASE ENTER A TIME IN THE RELEVANT BOX(ES)

I declare that the above particulars are correct and agree to abide by the conditions laid down by the ASA for these Championships.

Signed:

Date:

Schedule of Events

Session 1 –2.00pm Friday 3rd June

1. Mixed 1500m Freestyle
(This event may be swum 2 per lane)

Session 2 tbc Friday 3rd June

2. Men 100m Breaststroke
3. Women 100m Breaststroke
4. Men 50m Butterfly
5. Women 50m Butterfly
6. Men 200m Backstroke
7. Women 200m Backstroke

Session 3 – 9.00am Saturday 4th June

8. Women 400m Ind Medley
9. Men 400m Ind Medley
10. Women 50m Freestyle
11. Men 50m Freestyle
12. Women 100m Backstroke
13. Men 100m Backstroke
14. Mixed Freestyle Relays

Session 4 –tbc Saturday 4th June

15. Women 200m Breaststroke
16. Men 200m Breaststroke
17. Women 200m Butterfly
18. Men 200m Butterfly
19. Women 100m Freestyle
20. Men 100m Freestyle
21. Mixed Medley Relays

Session 5 –tbc Saturday 4th June

22. Mixed 800m Freestyle
(This event may be swum 2 per lane)

Session 6 – 9.00am Sunday 5th June

23. Men 400m Freestyle
24. Women 400m Freestyle
25. Men 100m Butterfly
26. Women 100m Butterfly
27. Men 50m Backstroke
28. Women 50m Backstroke
29. Men Medley Relays
30. Women Medley Relays

Session 7 - tbc Sunday 5th June

31. Men 200m Ind Medley
32. Women 200m Ind Medley
33. Men 50m Breaststroke
34. Women 50m Breaststroke
35. Men 200m Freestyle
36. Women 200m Freestyle
37. Men Freestyle Relays
38. Women Freestyle Relays

All relays will be ranked by time within age groups

Warm-up will be available from 12.00 noon on Friday 3rd June.

Session start times for afternoon and evening sessions cannot be confirmed until the final entry is known and will be advised as soon as possible after the closing date.

AMATEUR SWIMMING FEDERATION OF GREAT BRITAIN LIMITED
BRITISH MASTERS' SWIMMING CHAMPIONSHIPS

GBMS01 General Conditions

- 01.01** The Amateur Swimming Federation of Great Britain Limited (ASFGB) Managing Board ("the Board") reserves full powers over the British Masters' Swimming Championships.
- 01.02** The Championships shall be competed for annually under FINA Rules, ASFGB Disciplinary Code and any additional conditions (printed in the respective Meet information). Where FINA Rules do not provide (for example: Health and Safety regulations and guidelines and Child Protection) the requirements of the ASA shall apply to events held in England or Wales and the requirements of SASA shall apply to events held in Scotland.
- 01.03** Entries may only be accepted from:
- 01.03.01** competitors registered as members of the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA) or
- 01.03.02** competitors from one of the countries affiliated to FINA.
- 01.04** For both individual and team events, a competitor must have been a registered member, or equivalent, of the club in whose name he is entered, at least 60 days prior to the first day of competition and must be aged 25 years or over by 31st December in the year of competition.
- 01.05** These Championships shall be held at a venue and for a period determined by the Board.
- 01.06** All events are Heat Declared Winner within each Age Classification. In each event competitors will be seeded according to their entry time and will compete against those with similar times from the various groups taking part in the event.
- 01.07** Competitors may not enter and swim in more than 7 individual events.

GBMS02 Events

- 02.01** Individual Events are:
- Freestyle 50m, 100m, 200m, 400m, 800m and 1500m,
Backstroke, Breaststroke & Butterfly 50m, 100m and 200m
Individual Medley 200m & 400m.
- 02.02** Team Events are:
- Men, Women & Mixed (2 Men/2 Women) 4 x 50m Freestyle & 4 x 50m Medley in the following age-groups:-
- | | |
|-----|---|
| (1) | 100-119yrs (total age) |
| (2) | 120-159yrs (total age) |
| (3) | 160-199yrs (total age) |
| (4) | 200-239yrs (total age) |
| (5) | 240-279yrs (total age) |
| (6) | 280-319yrs (total age) |
| (7) | 320-359yrs (total age) |
| (8) | A non-Masters' team 76 years and over (total age) with all team members aged at least 19 years on 31 st December in the year of Competition. |
- Clubs may only enter one team per event.
- 02.03** The total age of a team shall be as at 31st December in year of competition. Each team member must be aged 25 or over as at that date.
- 02.04** Age Groups for both men and women are (Age as at 31st December in year of competition)
- | | | | | |
|-------------|-------------|-------------|-------------|-------------|
| 25yrs-29yrs | 30yrs-34yrs | 35yrs-39yrs | 40yrs-44yrs | 45yrs-49yrs |
| 50yrs-54yrs | 55yrs-59yrs | 60yrs-64yrs | 65yrs-69yrs | 70yrs-74yrs |
| 75yrs-79yrs | 80yrs-84yrs | 85yrs-89yrs | 90yrs-94yrs | 95yrs-99yrs |
- There shall also be a special non-Masters age band covering competitors aged between 19 years and 24 years as at 31st December in the year of competition.
- 02.05** The names of competitors in Team Events must be submitted to the Chief Recorder (using the official "Team Declaration Form/s") at least 30 minutes prior to the start of the session.
- 02.06** All entries shall be received by the appointed Championships Administrator (The Administrator) by the relevant closing date accompanied by the appropriate entry fee. This date shall be a maximum of 28 days before the first day of the competition.

GBMS03 Competitors with a permanent disability

A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or his representative before the race takes place. Notification shall be by a medical certificate issued, in the case of competitors from clubs in Great Britain, by the Medical officer of either ASFGB, the ASA, SCASA or WASA. In the case of competitors in 01.03.02, the certificate shall have been issued by a Medical officer appointed by the governing body of the country concerned.

GBMS04 Trophies and Medals

Medals shall be awarded to the first three placed individual competitors and teams in each age group.

GBMS05 Officials

Technical Officials shall be selected from lists approved by the ASA, SASA and WASA.

GBMS06 Other conditions

06.01 Starts

Over the top starts may, where necessary or appropriate, be used during these Championships (except in the backstroke events).

GBMS07 Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

. ENTRY CARDS WILL NOT BE ISSUED. FURTHER DETAILS WILL BE ISSUED WITH ENTRY CONFIRMATION AFTER THE CLOSING DATE.

Glasgow Accommodation

Hotels

The Moat House	Congress Road,Glasgow,G3 8QT	0141 306 9988
The Glasgow Thistle	Cambridge Street, Glasgow	0141 332 3311
The Carrick Hotel	Argyll Street, Glasgow	0141 248 2355
Stakis Glasgow Ingram	Ingram Street, Glasgow	0141 248 4401
Stakis East Kilbride	Stewartfield Way, East Kilbride	01355 236300
Stakis Strathclyde Park	Phoenix Crescent, Bellshill	01698 395500
Brunswick Merchant City	Brunswick Street, Glasgow	0141 552 0001
Holiday Inn Express	Strathclyde Country Park, Motherwell	01698 858585
City Travel Lodge	Hill Street, Glasgow	0141 333 1515
Travel Inn	Glasgow Zoo, Hamilton Road	0141 773 1133
Travel Inn	Cambuslang, Glasgow	0141 764 2655
Travel Inn	Brunel Way, East Kilbride	01355 222809
The Glasgow Marriott	Arygle Street, Glasgow	0141 226 5577
Forte Posthouse	Bothwell Street, Glasgow	0141 248 2656
Kelvin Park Lorne	Sauchiehall Street, Glasgow	0141 314 9955
Centre Lodge	Main Street, Coatbridge	01236 424168
Novotel	Pitt Street, Glasgow	0141 222 2775

Caravan & Camping Parks

Craigendmuir	Stepps, Glasgow	0141 779 2973
--------------	-----------------	---------------