



## BRIDGE OF DON ASC SEPTEMBER SPLASH 2005



*Bridge of Don ASC invites you to their 7th September Splash.*

<b>Date</b>	Saturday 10 <sup>th</sup> September 2005		
<b>Venue</b>	Bon Accord Swimming Pool Justice Mill Lane, Aberdeen. 6 lanes with anti-turbulence ropes		
<b>Accreditation</b>	Application for accreditation has been applied for under SASA rules. All competitors must have paid their annual registration fee to SASA		
<b>Sessions</b>	Session One Warm Up	8.10am	Start 9.15am
	Session Two Warm Up	1.10pm	Start 2.15pm
	(Subject to change if necessary)		
<b>Events</b>	Boys / Girls	10 years & under	100m all strokes
		11/12 years	100m all strokes
		13/14 years	100m all strokes
		Open	50m freestyle & 100 IM

**(Age on day i.e. 10<sup>th</sup> September 2005)**

Please see attached sheet for qualifying times.

The meet will operate using the one-start rule and we reserve the right to use over the top starts as necessary. The organising committee also reserves the right to restrict the number of entries to keep the meet a manageable size and also to have slower heats for their own swimmers.

<b>Fees</b>	£3.50 per individual event
<b>Awards</b>	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> and 'too fast' certificates and ribbons for those who exceed the medal cut off time.
<b>Entries</b>	Entries are by <b>disk</b> . To obtain a disk for your club please contact Angela Stirling on 01224 824158 or by e-mail to <a href="mailto:angela.stirling23@btinternet.com">angela.stirling23@btinternet.com</a>

The closing date for entries is **Friday 12<sup>th</sup> August 2005**.

Time cards will be used for this meet but Bridge of Don ASC will provide them.

Please return disk, consolidation sheet & entry fees to : -

Chris Frost  
56 Middleton Circle  
Bridge of Don  
Aberdeen  
AB22 8NZ

Clubs will be notified of any rejected swims prior to the meet along with a provisional programme.

**Officials**

We would be grateful for a list of officials willing to help on the day (refreshments provided) please complete the enclosed form and return it along with the entries.

**We look forward to seeing you on 10<sup>th</sup> September 2005!**

**BRIDGE OF DON ASC  
SEPTEMBER SPLASH 2005  
10th September 2005**

**PROGRAMME OF EVENTS**

Session One		Warm Up	8.10am	Start	9.15am	Entry times slower than
Event No	101	Boys	Open	100m	IM	N/A
	102	Girls	Open	100m	IM	N/A
	103	Boys	10 and under	100m	Freestyle	01.30.00
	104	Girls	10 and under	100m	Freestyle	01.30.00
	105	Boys	11/12 years	100m	Breaststroke	01.43.00
	106	Girls	11/12 years	100m	Breaststroke	01.45.00
	107	Boys	13/14 years	100m	Backstroke	01.26.00
	108	Girls	13/14 years	100m	Backstroke	01.28.00
	109	Boys	10 and under	100m	Butterfly	01.45.00
	110	Girls	10 and under	100m	Butterfly	01.45.00
	111	Boys	11/12 years	100m	Freestyle	01.18.00
	112	Girls	11/12 years	100m	Freestyle	01.20.00
	113	Boys	13/14 years	100m	Breaststroke	01.33.00
	114	Girls	13/14 years	100m	Breaststroke	01.35.00

Session Two		Warm Up	1.10pm	Start	2.15pm	Entry times slower than
Event No	201	Boys	Open	50m	Freestyle	N/A
	202	Girls	Open	50m	Freestyle	N/A
	203	Boys	10 and under	100m	Backstroke	01.45.00
	204	Girls	10 and under	100m	Backstroke	01.45.00
	205	Boys	11/12 years	100m	Butterfly	01.33.00
	206	Girls	11/12 years	100m	Butterfly	01.35.00
	207	Boys	13/14 years	100m	Freestyle	01.12.00
	208	Girls	13/14 years	100m	Freestyle	01.14.00
	209	Boys	10 and under	100m	Breaststroke	01.50.00
	210	Girls	10 and under	100m	Breaststroke	01.50.00
	211	Boys	11/12 years	100m	Backstroke	01.38.00
	212	Girls	11/12 years	100m	Backstroke	01.40.00
	213	Boys	13/14 years	100m	Butterfly	01.23.00
	214	Girls	13/14 years	100m	Butterfly	01.25.00

**BRIDGE OF DON ASC**  
**SEPTEMBER SPLASH 2005**  
**10th September 2005**

Match Secretary \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Club Name/Abbr \_\_\_\_\_

Tel. No \_\_\_\_\_

**ENTRIES SUMMARY**

Female Individual Entries \_\_\_\_\_ @ £3.50 = £ \_\_\_\_\_

**CLOSING DATE FRIDAY 12TH AUGUST 2005**

Male Individual Entries \_\_\_\_\_ @ £3.50 = £ \_\_\_\_\_

Total = £ \_\_\_\_\_

**PLEASE MAKE CHEQUES PAYABLE TO: BRIDGE OF DON ASC**

**Declaration** I confirm that all swimmers entered in this competition have paid their current SASA membership fee

Signed \_\_\_\_\_ Position in Club \_\_\_\_\_ Date \_\_\_\_\_

(This declaration must be completed by all competing clubs)

**BRIDGE OF DON ASC  
SEPTEMBER SPLASH  
10TH SEPTEMBER 2005**

CLUB \_\_\_\_\_

STO CONTACT \_\_\_\_\_

Telephone No. \_\_\_\_\_

**OFFICIALS SHEET**

NAME	JUDGE	TIMEKEEPER	SESSION 1	SESSION2	SIGNATURE REQUIRED

**PLEASE RETURN WITH ENTRIES BY FRIDAY 12th AUGUST**