



UDASC CLUB NIGHT
FRIDAY 28TH MAY 2005

CANOEING

SIGN UP AND COME AND TRY THE CANOES IN THE POOL!

THE SESSION WILL RUN FROM 6.30 – 8.30PM UNDER THE SUPERVISION OF JAKE (LIFEGUARD). THE TIME HAS BEEN SPLIT INTO 30 MINUTE SESSIONS AND 8 CHILDREN CAN ATTEND EACH SESSION.

PLEASE BOOK YOUR TIME SLOT ON THE SHEET ON THE UDASC NOTICEBOARD IN THE ABOYNE COMMUNITY CENTRE .

6.30 – 7.00 PM	TADPOLES ONLY
7.00 – 7.30 PM	DOLPHINS/TADPOLES
7.30 – 8.00 PM	SHARKS/DOLPHINS
8.00 – 8.30PM	KILLERWHALES/SENIOR SQUAD/JNR TOP/TOP

IF YOU BOOK A PLACE DON'T FORGET TO COME ALONG ON THE NIGHT! YOU'LL HAVE A GREAT TIME!