



PRESS RELEASE

Records Smashed by Upper Deeside Swimmers

Last weekend saw Upper Deeside Amateur Swimming Club represented at both the Garioch 200 event in Inverurie and the Westhill Minnows meet.

New Garioch 200 records were set by Holly Phimister (14) from Aboyne in both the girls' 13/14 50m and 200m breaststroke, and by Fraser Gordon (13), also from Aboyne, in the boys' 13/14 50m backstroke. Fraser Gordon also took gold in the 50m freestyle, silver in the 200m individual medley, 200m backstroke and 200m freestyle, and bronze in the 200m butterfly. Ross Mackay (13), from Torphins, won silver in the 13/14 200m butterfly and bronze in the 50m butterfly. Daniel Green (10), also from Torphins, achieved the fastest times for his age in the 50m freestyle, 50m butterfly and 200m freestyle events. Other squad members, all of whom all attained excellent personal best times, were: Brad Arthur, Sam Burgess, Fergus Shand, Coralie Arthur, Hannah Gordon, Laura Grant, Eleanor Leith, Hazel Mackay, Rachel Masson and Madeleine Newman.

Meanwhile at Westhill, Luke Erni (10), from Aboyne, took the silver medal for both the 50m butterfly and 50m freestyle, and along with team-mates Ben Sugden, (11), from Aboyne, Alasdair Bruce (10) from Ballater and Stuart Masson (9) from Crathie, won silver in the 4 x 25m freestyle relay, and bronze

in the 4 x 25m medley relay. Stuart Masson also took the bronze medal in the 50m breaststroke, and reached the final of both the 50m backstroke and 50m butterfly. Elizabeth Hazley (11), from Ballater, took silver in the 50m butterfly. Other finalists were Alexander Fyfe and Ben Sugden (both 11), from Aboyne, Andrew Swindells (10), from Torphins, and Lois Anderson (11), also from Torphins. Other UDASC participating swimmers, all of whom achieved well-earned personal best times, were Callum Thomson, Shannon Conboy, Isla Grant, Madeleine Green, Kirsten Knight, Libby Munro and Gwen Newman.

Due to squad progressions, Upper Deeside ASC is looking for new members, and will be holding a taster session at Aboyne Swimming Pool on Thursday 11 October at 5.15 pm. Applicants must be aged 7+ and be able to swim a minimum of 25m in at least two recognisable strokes. To reserve a place at the taster session, please contact Carol Sugden on 013398 86561.

Ends

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Rachel Green
Torridon
Torphins
AB31 4HF
013398 89033
rachelmgreen@btinternet.com